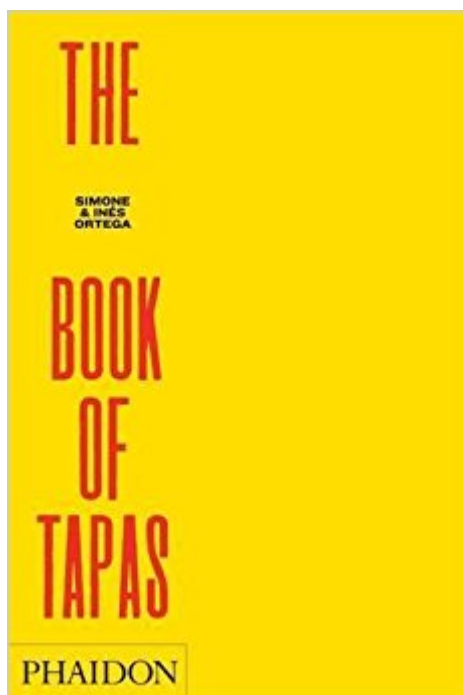


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The Book Of Tapas



Synopsis

The huge popularity of Spanish food has grown even more following the publication of the iconic 1080 Recipes, and the best-loved type of Spanish food is tapas. Tapas consists of appetizing little dishes of bite-sized food, usually eaten before or after dinner, and it has become a Spanish way of life. Served in bars all over Spain, good tapas is all about the perfect marriage of food, drink and conversation. Now, for the first time, the 1080 Book of Tapas presents a complete guide to this convivial way of eating with over 200 easy-to-follow recipes that can be served with drinks in typical Spanish style, or combined to create a feast to share with friends. The recipes are fully updated and easy to follow, and include the most popular tapas dishes from 1080 Recipes, along with many brand new recipes from the Ortegas' definitive collection. They are simple to prepare in any kitchen and yet utterly authentic, enabling any aspiring cook to make their first attempt at cooking Spanish food, or helping more experienced cooks to expand their repertoire. Also included in this book are modern tapas recipes from some of the world's best-known tapas chefs, including Jose Andres, Albert Adria, Albert Raurich, Jose Manuel Pizarro, and Sam and Eddie Hart. The book's authors, Simone and Ines Ortega, are the ultimate authorities on traditional cooking in Spain and have written about food for many years. 1080 Recipes has sold over two million copies and has been the ultimate Spanish cooking bible since its first publication. Jose Andres, the chef widely credited with bringing tapas to America, has selected the recipes and written a new introduction about the tapas culture that has spread worldwide.

Book Information

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Customer Reviews

"Reveals the secrets of creating the best and most authentic Spanish tapas... Easy-to-follow recipes for suitable for every occasion... Cleverly concocted by some of the world's best chefs."-The Sunday Express "It's time to cook up some of Spain's best-loved dishes yourself... Brush up on your espanol at the same time and really impress your dinner guests."-Thomas Cook Travel

With a career in food writing spanning 50 years, Simone Ortega was the foremost authority on traditional Spanish cooking, and contributed articles and recipes to countless newspapers and magazines. 1080 Recipes, written with her daughter Ines Ortega, was her most famous and bestselling cookbook. Jose Andres grew up in Spain and trained under Ferran Adria at elBulli before moving to the USA, where he was one of the first chefs to introduce tapas to American restaurant-goers. He is now the chef-proprietor of seven acclaimed restaurants in the Washington, D.C. area, and is widely acclaimed as an expert on Spanish food.

First there's the concept of tapas. Sitting leisurely with friends sipping a drink and using bits of food as commas in the conversation. That's the easy part. Now comes the trick-- after you finish the olives and nuts, what else qualifies as great food to serve as tapas? The Ortegas' book answers that question hundreds of times with recipes that range from super-simple to quite complex. I've only tried 20 recipes so far, and all were very enjoyable. But I've read and leafed through most of the book, and it's all good enjoyment for anyone who enjoys the techniques and thinking behind sophisticated but simple food. The only problem? I want to make more of each dish than we can eat, and I want to make more dishes than we can appreciate at one time.

After a great trip to Spain, I wanted to be able to recreate some of the tapas I had there. Having spotted this book at countless gift shops while there and then seeing reviews here on , I thought this would be a great place to start, and indeed it is. There are lots of classic recipes in here (at least, as far as I can tell from my experience) and some newer ones (based on the ingredients involved), but they are definitely authentic. Results from the recipes in this book went over well at a recent tapas dinner party. Flavors reminded me of the simpler tapas places you see all over nighttime Madrid. There's one small section at the back that touches on more modern, complex dishes from top Spanish chefs, but overall you'll be looking at pretty mainstream tapas. Some ingredients can be difficult to find, but the most exotic things are probably saffron and rabbit. Similarly some recipes require a fair amount of work, but it's all manageable in a normal home kitchen. My biggest

disappointment is that there aren't many vegetable options. Jose Andres, one of the leading proponents of Spanish cuisine in the US, has been preaching the glories of vegetables, and we don't see as much of them as I'd like in this book. In addition, there's not a lot of writing on the cultural context and service suggestions for these dishes, and for tapas, that stuff is moderately important. Overall, a great choice as an introduction to tapas, but could use more veggies, more cultural overview and a larger section on modern innovation.

Lots of varieties; traditional tapas . Great pictures also. Simple, slow food!

I just returned from forty two days in Northern Spain and many of the Tapas that I enjoyed in Spain are found in this cookbook, plus some creative variations.

One of the best tapas books I have in my collection, my fifth Phaidon book and can't wait to purchase the rest.

This is a Tome with many recipes for all sorts of tapas. The recipes are accurate and easy to follow.

This book has great recipes that are rather easy to reproduce. It is a good book on Spanish food. A must with nice pictures.

This is a wonderful book to learn about Tapas and Spanish dining. I wanted a casual yet upscale theme for my wedding reception. This book has clear recipes, beautiful pictures and is great just to sit on the couch and browse.

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